



Weekly Activity Planner

Week commencing:
Monday 20th January – Sunday 26th January



Together we *respect*, with *compassion* we care,
through *commitment* we achieve



	AM	PM
Monday	Garden Walks & Enjoying the Sunshine with Tracy All Floors (10 – 12)	School Visit from Little Acorns Nursery All Floors (2 – 3)
Tuesday	Hairdressing (9 – 12) All Floors Coffee & Croissant Morning with Tracy (10 – 12) All Floors	Music & Movement & Target Challenges with Tracy & Staff All Floors (2 – 4)
Wednesday	Hairdressing with Lesley (9 – 12) Therapy pet Visits Trudi & Rosie All Floors (11 – 12)	Gentle Exercise with Joe of G.Fitness Middle Floor (2 – 3) One to Ones with Tracy
Thursday	Singing & Dancing with Retro Rosie 60's Pop – All Welcome Middle Floor (11 – 12)	Ball Games & Carpet Bowls with Tracy & Staff All Floors (2 – 4)
Friday	Thelma's Make a Wish Out for lunch for Fish & Chips with Tracy & Kirsty	Garden Walks & Reminiscence with All Staff & All Floors (2 – 4)
Saturday	Relaxing Time with Kay & Laughter Yoga Top Floor (11 – 12) All Welcome	Burns Celebrations with Kirsty Bar & Quiz Time Ground Floor (2- 3)
Sunday	Treasured Memories with Kirsty Birthday Celebrations - Eileen Britt & Family – Ground Floor	Parche Church Service With Hugh, Wendy & Friends Top Floor – (2 – 3) All Welcome

For more information about any of these events please speak to Tracy, Kirsty & Jackie