



Sovereign Lodge

Part of the Healthcare Homes Group

Caring is at the heart of everything we do...

Sovereign Lodge is designed for modern living for older people with nursing and dementia care needs. The home provides a warm, friendly and welcoming environment.

Accommodation is arranged over three floors accessible by lifts. Each bedroom benefits from en-suite facilities, telephone, television points and residents are welcome to bring personal possessions. There are a variety of lounge areas and dining rooms for residents and guests to enjoy.

We also have a large garden area with beautifully arranged seating which allows us to hold events and for family members to enjoy the great outdoors.

Our experienced staff are available to meet your loved ones needs 24 hours a day, 7 days a week, and we believe the best way to accommodate these needs is by having a person-centred approach.

Facilities Available

- 64 bedrooms
- In-house hairdressing salon
- Wheelchair friendly gardens
- Laundry service
- Multi-sensory room
- Activity room
- Wi-Fi available
- Home-cooked meals prepared to suit all tastes and diets
- Garden areas
- Chiropodist, dentist and optician visit by appointment
- Pets welcome pending needs

A Wide Range of Activities

- A variety of activities available for all
- Trips arranged to local shops and attractions
- Pampering sessions
- Fundraising events held throughout the year
- Reminiscence sessions
- Flower arranging and gardening
- Physio and gentle exercises, reflexology and massage
- Pet visits
- Live music



“When I first came to Sovereign Lodge, I was bruised, broken and battered emotionally and physically. Gradually with the standard of love and care I received and the unconditional love and kindness that I received I became a much happier and contented resident. I have my love of arts and crafts, poetry and literature and reading and writing and music back in my life.”

“My father has been lovingly looked after and his quality of life is greatly improved. The food is great and well presented and there is always some form of activity or entertainment. Very happy with his care.”



Fancy A Visit?

Healthcare Homes provides care and support appropriate to the needs of each individual, in a friendly, warm and supportive atmosphere.

A visit to Sovereign Lodge to meet our staff and residents will give you the opportunity to find out more and ask questions. We are happy to arrange a visit for you – with your friends and family if you wish.

Sovereign Lodge, 2 Carew Road, Eastbourne,
East Sussex, BN21 2DW
Tel: 01323 412285

Visit our website healthcarehomes.co.uk
for a full map to the home



Explore The Local Area...

Our home is easily accessible by road, with ample car parking, on a main bus route and within close walking distance of the railway station and local shops.

The town centre is up and coming with its newly refurbished shopping centre called 'The Beacon'. Eastbourne is also renowned for its beautiful carpet gardens which are located in the seafront. This is accessible via bus which would take you up to the notorious Beachy Head which has stunning views.



Together we *respect*, with *compassion* we care,
through *commitment* we achieve



 HealthcareHomes

www.healthcarehomes.co.uk